
























	7 AM	12.45 PM	6.15 PM	7.15 PM	8.15 PM	9.15 PM
MONDAY	YOGA SINTHA	 MARCUS	 PETER	 PETER	 BERRY	ABT BERRY
TUESDAY	HATHA YOGA NICO	FLOW YOGA SELINE <i>LADIES ONLY</i>	 ILLA	 MARCUS	TRX 360 ELIFF	 ARDY
WEDNESDAY	 JONATHAN	FLOW YOGA SELINE	 DANIEL	 AMUTHA	POWER FUNK RONICIA	FLOW YOGA BRENDA
THURSDAY	FLOW YOGA JASON KHOR	PILATES ESTHER <i>LADIES ONLY</i>	 RIEZZ	 RIEZZ	 DANIEL	 MARCUS
FRIDAY	 SYED	 RIEZZ	 WYNCY	 WYNCY / JON	POWER DANCE RONICIA	PEAK STRETCH & BEND YOGA RONICIA
	11 AM	12 PM	1 PM	2 PM	3 PM	4 PM
SATURDAY	 AYU	 BERRY	 VINCENT	 RIEZZ		
SUNDAY				K-POP JUSTIN	 ARDY	 MUZU