

	9 AM	11 AM	12.30 PM	7 PM	7.30 PM
MONDAY				MUAY THAI AB	
TUESDAY					MMA FIT NASRUL
WEDNESDAY			X-FIGHT AB	BOXFIT NASRUL	
THURSDAY				X-FIGHT AB	
FRIDAY				KICKFIT AB	
SATURDAY		11 AM			
		BOXFIT NASRUL			
SUNDAY					