

PEAK FITNESS

GX SCHEDULE OCTOBER 2018

PEAK PERFORMANCE BLOCK - 30 MINS & PEAK FIGHT **PEAK FIGHT** ***

	7 AM	12.30 PM	1 PM	6.35 PM	7 PM	7.15 PM	7.30 PM
MONDAY					PEAK FIGHT *** MUAY THAI AB		
TUESDAY				NEW! PEAK PERFORMANCE BLOCK MYKE			PEAK FIGHT *** MMA FIT NASRUL
WEDNESDAY		PEAK FIGHT *** X-FIGHT AB			PEAK FIGHT *** BOXFIT NASRUL		
THURSDAY					PEAK FIGHT *** X-FIGHT AB	NEW! PEAK PERFORMANCE BLOCK JON	
FRIDAY				NEW! PEAK PERFORMANCE BLOCK JON / RAZIN	PEAK FIGHT *** KICKFIT AB		
SATURDAY			1 PM				
SUNDAY							