


PEAK FITNESS

CLASS SCHEDULE JANUARY 2019

PEAK PERFORMANCE BLOCK - 30 MINS & PEAK FIGHT



Join any "Boost Juice" class & enjoy **50% off your 2nd drink** at Boost Juice Peak Fitness Citta Mall.

	10 AM	11 AM	6 PM	6.30 PM	7 PM	7.10 PM	7.30 PM
MONDAY	PEAK PERFORMANCE BLOCK JON			PEAK PERFORMANCE BLOCK JON			
TUESDAY				 PEAK PERFORMANCE BLOCK JON	PEAK FIGHT *** JON		
WEDNESDAY					PEAK FIGHT *** RAZIN		
THURSDAY		PEAK PERFORMANCE BLOCK MYKE					PEAK PERFORMANCE BLOCK SABRINA
FRIDAY							
SATURDAY		1 PM					
SATURDAY	PEAK PERFORMANCE BLOCK SABRINA						
SUNDAY							