

	7.30AM	8.45AM	9.30AM	6.15PM	7.15PM
MONDAY		LES MILLS RPM CHEE HO			PEAK PACE LEONARDO
TUESDAY	LES MILLS RPM GEORGE			RPM 60 MIN CHALLENGE KHOO.J.Y	
WEDNESDAY			PEAK PACE LEONARDO		PEAK POWER LEONARDO
THURSDAY		LES MILLS RPM GEORGE			LES MILLS RPM RONNIE
FRIDAY			PEAK PACE LEONARDO	LES MILLS RPM KHOO.J.Y	
SATURDAY					2.30PM LES MILLS RPM RONNIE
SUNDAY					LES MILLS RPM RONNIE