




	7:00 AM - 7.55AM	12.15 PM - 1.10 PM	6.30 PM - 7.25PM	7.30 PM - 8.25PM	8.30 PM - 9.25PM
MONDAY	LES MILLS BODYPUMP VINCENT	POWER STEP BRANCY	 UNA	LES MILLS BODYPUMP ZU ZEN	
TUESDAY		LES MILLS BODYPUMP VINCENT	LES MILLS BODYPUMP VINCENT	ABT VINCENT	
WEDNESDAY	LES MILLS BODYCOMBAT MARCUS LEE		 LILY	LES MILLS BODYCOMBAT SUA / DUNCAN	
THURSDAY		LES MILLS BODYCOMBAT MARCELLA	POWER DANCE RONICIA	LES MILLS BODYPUMP ZU ZEN	PEAK FUNCTIONAL TRAINING MARCELLA
FRIDAY	LES MILLS BODYPUMP VINCENT	PEAK FUNCTIONAL TRAINING DANIELLE	LES MILLS BODYCOMBAT DANIELLE	 EMILY	
SATURDAY					
SUNDAY					