




	7.00AM - 7.55AM	12.15PM - 1.10PM	6.00PM - 6.30PM	6.30PM - 7.25PM	7.30PM - 8.25PM
MONDAY	<b>LES MILLS BODYPUMP</b> VINCENT	<b>POWER STEP</b> BRANCY		 LILY	<b>LES MILLS BODYPUMP</b> ZU ZEN
TUESDAY		<b>LES MILLS BODYPUMP</b> VINCENT	<b>PEAK PERFORMANCE 30 MINUTES</b> DANIELLE	<b>LES MILLS BODYPUMP</b> VINCENT	<b>ABT</b> VINCENT
WEDNESDAY	<b>LES MILLS BODYCOMBAT</b> MARCUS LEE			 LILY	<b>LES MILLS BODYCOMBAT</b> SUA /DUNCAN
THURSDAY		<b>LES MILLS BODYCOMBAT</b> MARCELLA	<b>PEAK PERFORMANCE 30 MINUTES</b> MARCELLA	<b>POWER DANCE</b> RONICIA	<b>LES MILLS BODYPUMP</b> ZU ZEN
FRIDAY	<b>LES MILLS BODYPUMP</b> VINCENT	<b>PEAK FUNCTIONAL TRAINING</b> DANIELLE		<b>LES MILLS BODYCOMBAT</b> DANIELLE	 EMILY
SATURDAY					
SUNDAY					