

	7.00AM - 7.55AM	11.00AM - 11.55AM	12.15PM - 1.10PM	6.30PM - 7.25PM	7.30PM - 8.25PM
MONDAY				HATHA YOGA YUKI	
TUESDAY	VINYASA YOGA RACHEL				LES MILLS BODYBALANCE DANIELLE
WEDNESDAY	HATHA YOGA NATASHA		LES MILLS BODYBALANCE VOON FOONG	HATHA YOGA NATASHA	SHAPE <i>INSPIRED BY PILATES</i> DANIELLE
THURSDAY				HATHA YOGA JASON	BEND & STRETCH RONICIA
FRIDAY					LES MILLS BODYBALANCE DANIELLE
	11.00AM - 12.30PM				
SATURDAY		HATHA YOGA (90 MINUTES) YUKI			
SUNDAY					