

PEAK FITNESS

G TOWER

CLASS SCHEDULE AUGUST 2020

HOLISTIC STUDIO



	11:00AM - 11:50PM	11:00AM - 11:50PM	18:30PM - 19:20PM	19:30PM - 20:20PM
MONDAY			HATHA YOGA YUKI	
TUESDAY				SHAPE INSPIRED BY PILATES DANIELLE
WEDNESDAY			LES MILLS BODYBALANCE SUA	
THURSDAY			HATHA YOGA JASON	
FRIDAY				LES MILLS BODYBALANCE DANIELLE
SATURDAY				
SUNDAY				