

PEAK FITNESS CLASS SCHEDULE MAY 2021

SOGO KL MALL ENERGY STUDIO



	12:30PM		6:15PM	7:10PM	8:05PM
MONDAY			LES MILLS BODYSTEP JOSHUA LOH	LES MILLS SH'BAM BERRY	LES MILLS BODYCOMBAT BERRY
TUESDAY			LES MILLS SH'BAM ILLA	ZUMBA FITNESS LILY	LES MILLS BODYSTEP RIEZS
WEDNESDAY	LES MILLS BODYBALANCE DANIELLE		LES MILLS BODYCOMBAT DANIEL	LES MILLS BODYPUMP DANIELLE	POWER FUNK RONICIA
THURSDAY			DANCE FUSION UCHOP	LES MILLS SH'BAM UCHOP	LES MILLS BODYBALANCE SUA
FRIDAY			LES MILLS BODYPUMP MARCELLA	LES MILLS BODYCOMBAT MARCELLA	POWER DANCE RONICIA
SATURDAY		11:00AM LES MILLS SH'BAM AYU	12:00PM LES MILLS BODYCOMBAT BELLE		
SUNDAY					