



	7.00AM				6.00PM	6.30PM	7.30PM
MONDAY	LES MILLS BODYPUMP VINCENT					 MATHEW	LES MILLS BODYPUMP VINCENT
TUESDAY					PP IMMUNITY DANIELLE	LES MILLS BODYPUMP VINCENT	ABT VINCENT
WEDNESDAY	LES MILLS BODYCOMBAT MARCUS					LES MILLS BODYBALANCE SUA	LES MILLS BODYCOMBAT SUA
THURSDAY						POWER DANCE RONICIA	LES MILLS BODYPUMP MARCELLA
FRIDAY						LES MILLS BODYCOMBAT DANIELLE	LES MILLS BODYBALANCE DANIELLE
SATURDAY							
SUNDAY							