



	12.30PM		6.30PM	
MONDAY				<b>LesMILLS RPM</b> ALBERT
TUESDAY		<b>LesMILLS RPM</b> MARCELLA		<b>LesMILLS RPM</b> MARCELLA
WEDNESDAY				<b>LesMILLS RPM</b> AMUTHA
THURSDAY				<b>LesMILLS RPM</b> ALBERT
FRIDAY				
SATURDAY				
SUNDAY				