

PEAK FITNESS CLASS SCHEDULE OCTOBER 2021

SOGO KL MALL ENERGY STUDIO



			6:15PM	7:10PM	8:05PM
MONDAY			LES MILLS BODYSTEP JOSHUA	LES MILLS SH'BAM BERRY	LES MILLS BODYCOMBAT BERRY
TUESDAY			LES MILLS SH'BAM ILLA	ZUMBA FITNESS LILY	LES MILLS BODYSTEP RIEZS
WEDNESDAY			LES MILLS BODYCOMBAT DANIEL	LES MILLS BODYPUMP DANIELLE	POWER FUNK RONICIA
THURSDAY			FREESTYLE DANCE LILY	ZUMBA FITNESS LILY	LES MILLS BODYBALANCE SUA
FRIDAY			LES MILLS BODYPUMP MARCELLA	LES MILLS BODYCOMBAT MARCELLA	POWER DANCE RONICIA
		11:00AM	12:00PM		
SATURDAY		LES MILLS SH'BAM AYU	LES MILLS BODYCOMBAT BELLE		
SUNDAY					