



	9.00AM	10.00AM	11.00AM	12.30PM	1.30PM				5.30PM	6.30PM	7.30PM
MONDAY	VIRTUAL BODYPUMP	ZUMBA MATHEW	STRONG MATHEW	VIRTUAL LES MILLS CORE	VIRTUAL BODYCOMBAT				VIRTUAL BODYPUMP	SHAPE DANIELLE	LES MILLS BODYCOMBAT DANIELLE
TUESDAY	VIRTUAL BODYCOMBAT	PILATES TONY		VIRTUAL BODYPUMP	VIRTUAL SHBAM				VIRTUAL BODYCOMBAT	LES MILLS BODYPUMP SYED	ZUMBA ADELINA
WEDNESDAY	VIRTUAL BODYBALANCE	VIRTUAL LES MILLS CORE	VIRTUAL SHBAM	VIRTUAL BODYBALANCE	VIRTUAL LES MILLS CORE				VIRTUAL LES MILLS CORE	LES MILLS BODYCOMBAT MARCELLA	POWER FUNK MARCELLA
THURSDAY	LES MILLS SH'BAM JOSHUA	LES MILLS BODYPUMP JOSHUA	VIRTUAL BODYBALANCE	VIRTUAL BODYPUMP	VIRTUAL BODYCOMBAT				VIRTUAL SHBAM	LES MILLS BODYCOMBAT SYED	LES MILLS BODYBALANCE DANIELLE
FRIDAY	VIRTUAL LES MILLS CORE	VIRTUAL BODYCOMBAT	VIRTUAL BODYPUMP	VIRTUAL SHBAM	VIRTUAL BODYPUMP				VIRTUAL BODYBALANCE	LES MILLS BODYPUMP SYED	VIRTUAL SHBAM
		10.00AM	11.00AM	12.00PM	1.00PM	2.00PM	3.00PM				
SATURDAY		VIRTUAL LES MILLS CORE	LES MILLS BODYBALANCE DANIELLE	LES MILLS BODYPUMP DANIELLE	VIRTUAL BODYCOMBAT	VIRTUAL BODYBALANCE	VIRTUAL SHBAM				
SUNDAY		VIRTUAL SHBAM	VIRTUAL BODUPUMP	VIRTUAL BODYCOMBAT	VIRTUAL LES MILLS CORE	VIRTUAL SHBAM	VIRTUAL BODYBALANCE				